

# SCOTT D. EASTON

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## EDUCATION

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**Ph.D.**            **University of Iowa** (expected May, 2011), School of Social Work, Iowa City, IA

Dissertation: *Men who were Sexually Abused during Childhood: An Examination of Factors that Influence Long-term Mental Health*

Dissertation Committee: Carol Coohy (chair), Mercedes Bern-Klug, Sara Sanders, John Harvey, (Psychology), William Liu (Counseling Psychology), Rob Baller (Sociology).

**M.S.W.**            **University of Iowa** (2006), School of Social Work, Iowa City, IA

Master of Social Work, family-centered concentration.

**A.B.**                **Harvard University** (1989), Department of Government, Cambridge, MA

Bachelor of Arts, *cum laude* (American government, political philosophy)

Honor's Thesis: *Arab-Americans and American Political Culture: A Case Study in Ethnic Political Empowerment.*

## RESEARCH INTERESTS

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Mental health, child sexual abuse, lifespan perspective and aging, trauma processing models, secondary trauma, post-traumatic growth, clinical practice with men, and cultural diversity (Arab-Americans).

## TEACHING INTERESTS

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Family-centered practice, research methods, human behavior in the social environment, social welfare policy, aspects of aging, and introduction to social work.

## PROFESSIONAL CERTIFICATIONS

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2010-present    **Academy of Certified Social Workers** (ACSW), National Association of Social Workers, Washington, D.C.

2006-present    **Licensed Master Social Worker** (LMSW), State of Iowa Board of Social Work Examiners, Des Moines, IA (License #06758)

## PUBLICATIONS

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### *Peer-reviewed Publications*

- Easton, S. D.**, Coohy, C., O'Leary, P., Zhang, Y.J., & Hua, L. (In press). Psychosexual functioning among adults sexually abused as children. *The Journal of Family Violence*.
- Easton, S. D.** (2008). Marriage in the later years: A review of factors that affect marital satisfaction among older adults. *Perspectives in Social Work*, 6 (2), 18-23.  
<http://www.sw.uh.edu/documents/phdprogram/perspectives/Spring2008.pdf>.
- Hall, J. A., Smith, D. C., **Easton, S. D.**, An, H., Williams, J. K., Godley, S., & Jang, M. (2008). Substance abuse treatment with rural adolescents: Issues and outcomes. *Journal of Psychoactive Drugs*, 40 (1), 109-120.
- O'Leary, P., Coohy, C., & **Easton, S. D.** (2010). The effect of severe child sexual abuse and disclosure on mental health during adulthood. *The Journal of Child Sexual Abuse*, 19 (3), 275-289.

### *Manuscripts in Progress*

- Easton, S.D.** (In progress). Treatment issues and barriers for men who were sexually abused during childhood.
- Hall, J. A., **Easton, S. D.**, et al. (In progress). Prevention of substance abuse using skills training with rural adolescents.

### *Unpublished Theses*

- Easton, S.D.** (1989). *Arab-Americans and American Political Culture: A Case Study in Ethnic Political Empowerment*. Unpublished honors thesis, Harvard University. Cambridge, MA. Available through the Smithsonian Institution: Faris & Yamna Naff Arab-American Collection, Archives Center, National Museum of American History, Washington, D.C..

## PRESENTATIONS

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### *Refereed*

- Easton, S.D.**, Rodriguez, T., & Thiesen, S. (April, 2010). *Disclosure of child sexual abuse across the lifespan for men: Research, practice, and advocacy*. 2010 NASW Iowa Chapter Annual Symposium, Des Moines, IA.
- Easton, S. D.** (March, 2010). *Factors that influence the long-term mental health of child sexual abuse survivors*. James F. Jakobsen Graduate Conference, Graduate College, University of Iowa, Iowa City, IA.
- Easton, S. D.** (November, 2009). *The effect of severe child sexual abuse and disclosure on mental health during adulthood*. Gerontological Society of America 62<sup>nd</sup> Annual Scientific Meeting, Atlanta, GA.
- Easton, S. D.** (April, 2009). *Psychosexual functioning among adults sexually abused as children*. College of Social and Behavioral Science Student Research Conference, University of Northern Iowa, Cedar Falls, IA.
- Williams, J. K. & **Easton, S. D.** (January, 2007). *Evaluating treatment for adolescent substance abuse: Impact of treatment on rural adolescent substance abusers*. Society for Social Work Research Annual Conference, San Francisco, CA.

## *Invited*

**Easton, S.D.** (Spring, 2008 and Summer, 2009). *Secondary trauma: Managing the effects of daily exposure to trauma*. Delivered presentation several times during a series of two day training workshops for supervisors of public and private child welfare workers across the state of Iowa. National Resource Center for Family Centered Practice, Iowa City, IA.

**Easton, S.D.** (Spring, 2008 and Summer, 2009). *Crisis intervention: Responding to critical incidents*. Delivered presentation several times during a series of two day training for supervisors of public and private child welfare workers across the state of Iowa. National Resource Center for Family Centered Practice, Iowa City, IA.

## **GRANT FUNDING/FELLOWSHIPS**

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### *External*

2009-11      **Hartford Doctoral Fellowship Program**, Geriatric Social Work Initiative, Washington, D.C. “*Men who were Sexually Abused during Childhood: Factors that Influence Long-term Mental Health*.” (Principal Investigator: \$70,000).

2007-08      **Paleologos Graduate Fellowship**, Greek Orthodox Archdiocese of America, New York (\$10,000).

1989-90      **Michael Rockefeller Graduate Fellowship**, Harvard University, Cambridge, MA (\$10,000) Travel fellowship for one year of cultural immersion, public service, and research in Israel and the Palestinian Territories.

1988          **Ford Foundation Research Grant**, Harvard University, Cambridge, MA (P.I.: \$1,000) “*Arab-Americans and American Political Culture: A Study in Ethnic Political Empowerment*.”

1988          **Institute of Politics Research Grant**, Harvard Kennedy School of Government, (P.I.: \$1,000). *Arab-Americans and American Political Culture: A Study in Ethnic Political Empowerment*.”

### *Internal*

2009          **Graduate College Summer Fellowship**, University of Iowa, (\$3,000).

2008-09      **Dissertation Year Fellowship**, Graduate College, University of Iowa (\$7,500).

2007-09      **Travel grants**, University of Iowa.  
Graduate College (\$300) and School of Social Work (\$500) for GSA 2008  
Graduate Student Senate (\$300) and School of Social Work (\$500) for SSWR 2007

## TRAINING CURRICULUM

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- Ewoldsen, P., D'Aunno, L., & Easton, S.D. (2010). Bringing fathers into the circle of family-centered practice (1 day training curriculum). *Iowa Child Welfare Training Academy Curriculum*. Iowa City, IA: National Resource Center for Family Centered Practice, University of Iowa, School of Social Work.
- D'Aunno, L., Mikelson, B., & Easton, S. D. (2009). Promoting safety and resilience in the family support workforce (2-day training curriculum). *Strengthening Family Support Through Supervision, Family Support Certification Training Curriculum*. Iowa City, IA: National Resource Center for Family Centered Practice, University of Iowa, School of Social Work.
- D'Aunno, L., Mikelson, B., & Easton, S. D. (2008). Module 5: Addressing worker stress and safety, leading positive change, and managing public and community relations (2-day training curriculum). *"Committed to Excellence Through Supervision" Iowa Department of Health and Human Services Supervisor Training Curriculum*. Iowa City, IA: National Resource Center for Family Centered Practice, University of Iowa, School of Social Work.

## ACADEMIC HONORS/AWARDS

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| 2009-11 | John A. Hartford Dissertation Fellow, Geriatric Social Work Initiative      |
| 2007-08 | John A. Hartford Pre-Dissertation Awardee, Geriatric Social Work Initiative |
| 2006    | Honor society of <i>Phi Alpha Phi</i>                                       |
| 1989    | Dudley House Senior Leadership Award, Harvard University                    |
| 1985-89 | John Harvard Scholar, Harvard University                                    |
| 1985-89 | Dean's List (all semesters), Harvard University                             |

## RESEARCH EXPERIENCE

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- 2007-08      **Research Assistant**, National Resource Center for Family Centered Practice, University of Iowa  
*Supervisors:* Miriam Landsman, Ph.D. (P.I.), Lisa D'Aunno, J.D. (training director)  
*Project:* Improving Recruitment and Retention of Child Welfare Workers  
Served as the lead researcher in the final year of a five-year grant from the Children's Bureau of the US Department of Health and Human Services. The purpose of the grant was to develop a comprehensive leadership training program for child welfare supervisors. Conducted literature searches on best-practices, organized training schedules, wrote trainer notes, co-designed a training evaluation, and taught two-day training workshops.
- 2007      **Research Practicum**, School of Social Work, University of Iowa  
*Supervisor:* Carol Coohy, Ph.D. (P.I.)  
*Project:* Child Sexual Abuse and Adolescent Adjustment  
During my summer practicum, assisted the P.I. in analyzing the National Survey of Child and Adolescent Well-Being (NSCAW) dataset. Conducted literature reviews, evaluated theoretical frameworks, and reviewed NSCAW project methodology. Copy-edited another manuscript of the P.I. (Coohy & O'Leary (2008). Mothers' protection of sexually abused children: An information-processing perspective. *Child Abuse & Neglect*, 32, 245-259.)

- 2006-07      **Research Assistant**, Pediatrics, College of Medicine, University of Iowa  
*Supervisor: James Hall, Ph.D. (P.I.)*  
**Project:** Strengthening Communities for Youth Initiative  
 Collected data through comprehensive substance abuse assessments for adolescents, conducted literature searches, wrote introduction and literature reviews, edited manuscripts (2) for publication, and delivered a SSWR presentation on rural adolescent treatment outcomes.
- 1990-91      **Research Associate**, Harry S. Truman Center for the Advancement of Peace, Hebrew University, Jerusalem, Israel  
*Supervisor: Edy Kaufman, Ph.D., University of Haifa & Maryland*  
*Project: Democracy, Peace, and the Israeli-Palestinian Conflict*  
 Assisted in all phases (research, design and writing) of the grant development process. The proposal received full funding (\$100,000) by the US Institute for Peace for collaboration between Israeli and Palestinian scholars.

## **TEACHING EXPERIENCE**

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- Fall, 2010      **Instructor**, *MSW Research Methods*  
 Developed syllabus and assignments. Delivered lectures and facilitated group discussions. Assessed students through unit examinations, written assignments, and final research proposals. Regularly met with students to discuss their research projects.
- Fall, 2009/10      **Instructor**, *Computer Laboratory*  
 Taught two sections of the master's level course designed to supplement the MSW research sequence. Increased students' skills in using SPSS to analyze, interpret, and display data. . Developed course outline, delivered lectures and graded assignments.
- Spring, 2010      **Teaching Assistant**, *Advanced Social Work Research*  
 Assisted instructor in developing the syllabus and assignments. Developed and graded unit quizzes. Graded data analysis assignments and final research proposal. Regularly met with students to discuss their research projects. Delivered lectures on *Measures of Association* and *Doctoral Level Research*.
- Fall, 2009      **Teaching Assistant**, *MSW Research Methods*  
 Assisted instructor in developing the syllabus and course assignments. Graded unit examinations, written assignments, and final research proposals. Regularly met with students to discuss their research projects. Delivered lectures on *Experimental Research Design* and *Issues in Measurement*.
- 2007-09      **Teaching Assistant**, *Introduction to Social Work* (4 semesters)  
 Assisted in developing syllabus for the introductory course with an enrollment of 120 undergraduate students. Helped manage the course home page, constructed and edited exam questions, and coordinated guest lecturers from the practice community. Graded half of the

final papers. Delivered several lectures on topics such as *Social Systems, Trends in Aging, and Social Justice*, and moderated a panel discussion on *Career Paths in Social Work*.

Spring, 2008    **Co-Instructor** (teaching practicum), *Introduction to BSW Research*

Assisted in constructing course syllabus and assessments/assignments. Met weekly with course instructor to evaluate and plan course content. Delivered several presentations and lectures, led group discussions, and helped students plan their final research projects.

1992-1995    **Assistant Director of Forensics**, George Washington High School, Cedar Rapids, IA

Instructed speech and debate squad of 75 students on public speaking, research methods, and argument writing. Supervised and chaperoned students on weekend tournaments throughout the Midwest. Judged two-person, policy debate rounds at weekend tournaments.

## **PROFESSIONAL EXPERIENCE**

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### ***Post-Master's Practice Experience***

2009-present    **Staff Therapist**, Horizons Agency-A Family Service Alliance, Cedar Rapids, IA

Provide psychotherapy to individuals (adults and adolescents), couples, and families for a variety of psychological conditions. Co-facilitate weekly group therapy sessions for single mothers in residential treatment for substance abuse. Helped develop and deliver group therapy curriculum on topics such as self-esteem, conflict management, and anger in children.

2008-present    **Training Consultant**, National Resource Center for Family Centered Practice, Iowa City, IA

Helped develop and design leadership skills curriculum for various human services audiences. Delivered training workshops to supervisors at private child welfare and family support agencies on preventing secondary trauma and responding to critical incidents. Co-presented on other topics (e.g., managing stress, improving safety, leading positive change).

2007-08    **Training Associate**, National Resource Center for Family Centered Practice, Iowa City, IA

Served as lead researcher and co-trainer during the final year of a federal grant (U.S. DHHS) to enhance the recruitment and retention of public child welfare workers. Helped develop, implement, evaluate and disseminate a comprehensive training program on topics including preventing secondary trauma, managing stress, responding to critical incidents, improving safety, and leading positive change. Delivered a series of two-day training programs to all public child welfare supervisors in the state of Iowa.

2006-07    **Staff Therapist/Caseworker**, Adolescent Health and Resource Center, Iowa City, IA

Conducted substance abuse evaluations using a comprehensive biopsychosocial assessment (GAIN) at a clinic sponsored by the Department of Pediatrics, University of Iowa (College of Medicine). Presented treatment recommendations at feedback sessions with adolescent clients and family members.

## ***Practica***

2005-06      **Therapist** (advanced practicum), Horizons Agency, Cedar Rapids, IA

Provided mental health counseling services to low-income individuals experiencing depression, anxiety, trauma, stress and other psychological conditions. Assisted senior therapist in group therapy sessions with homeless or displaced single mothers.

2004      **Caseworker** (summer foundation practicum), Four Oaks Agency, Cedar Rapids, IA

Provided administrative and clinical services to parents and children involved in the child welfare system. Activities included supervision of visits, skill-building for parents, and play therapy with children.

## ***Related Practice and Policy Experience***

2001-06      **Admissions Counselor, Outreach Coordinator**, Office of Admissions, University of Iowa (College of Liberal Arts), Iowa City, IA

Served as a full-time Admissions Counselor (2001-2003) recruiting undergraduate students. Delivered weekly presentations to large groups of prospective students and their families. Also held daily individual appointments. Traveled extensively in the Midwest representing the University of Iowa at college fairs. Assisted with special projects aimed at recruiting and retaining under-represented minority and first-generation college students. During MSW program (2003-2006), served as the Outreach Coordinator responsible for managing (hiring, training, and evaluating) the Phone Team, a group of 20 undergraduate students who contact prospective students by phone, email, and online chats.

1990-91      **Director of Media & Public Relations**, American-Arab Anti-Discrimination Committee, Washington, D.C.

Served as the national spokesman for a grassroots, non-profit, educational organization during the Persian Gulf War. Provided information on the Middle East and Arab-Americans to reporters from the print, television, and radio media. Interviewed by national newspapers (e.g., *The Washington Post*, *The New York Times*, *USA Today*) and many local, regional, and foreign newspapers. Coordinated interviews for the organization's president with high profile news outlets (e.g., *C-Span*, *Good Morning America*, and *National Public Radio*). Helped compile the *1991 Hate Crimes Report* documenting civil rights violations against Arab-Americans. Spoke at universities and public forums on Middle Eastern politics, Arab culture, and ethnic stereotyping.

1989-1990      **Michael Rockefeller Graduate Fellow**, Harvard University, Jerusalem, Israel

Received a one-year graduate fellowship for travel and public service in a foreign culture. Researched the Israeli-Palestinian peace process and conflict resolution at the Truman Institute for Peace, Hebrew University. Participated in dialogue groups between Arabs and Jews. Volunteered at West Bank physical rehabilitation center for handicapped youths. Volunteered at the administrative headquarters of the Greek Orthodox Patriarchate.

## SERVICE

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### *Manuscript Review*

- 2010-present **Editorial Board member**, *Journal of Loss and Trauma*.  
2009-present **Reviewer**, *Perspectives in Social Work*.  
2009-2010 **Reviewer**, *Journal of Loss and Trauma*.

### *University*

- 2008, 2009 **Doctoral Admissions Committee**, University of Iowa, School of Social Work  
Served on six-person committee that reviewed and evaluated applicants to the social work Ph.D. program. Rated applicants and participated in group decisions for admissions.
- 2007-2009 **Doctoral Studies Committee**, University of Iowa, School of Social Work.  
Served two terms as the student representative on the policymaking committee for the social work Ph.D. program. Major issues included developing a new marketing campaign, reviewing the student advancement and comprehensive exam processes, disbursing travel funds, and designing a strategic plan.
- 2000-present **Harvard University, Alumni Interview Committee**, Eastern Iowa (2000-present)  
Annually conduct interviews with local high school applicants to Harvard College. Assess applicants and send reports to the Office of Admissions at Harvard College.

### *Supervision*

- Summer, 2007 **BSW Field Supervisor**, University of Iowa, School of Social Work  
Supervised undergraduate students (4) in their field practica. Served as liaison between university, student, and agency. Conducted evaluative interviews with the student and their agency supervisors.

## LANGUAGES

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English, French, Arabic

## PROFESSIONAL MEMBERSHIPS

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Arab-American Anti-Discrimination Committee  
Arab-American Institute  
Gerontological Society of America  
National Association of Social Workers  
Society of Social Work Research

## REFERENCES

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Available upon request