

**Kristen Gustavson, LCSW, PhD**

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**EDUCATION**

**University of California at San Francisco**

Postdoctoral Fellow, Department of Psychiatry, June 2010-June 2012

Clinical Services Research Training Program (National Institutes of Health T32 MH01826)

**University of California at Berkeley**

Doctor of Philosophy in Social Welfare, May 2010

Dissertation Title: Late Life Depressed Mood: Crafting Meaning from Experience and Knowledge

Chair: Andrew E. Scharlach, PhD

**California State University Long Beach**

Master of Social Work, May 2001

Clinical emphasis in work with Older Adults and Families

**University of Southern California**

Bachelor of Science in Gerontology, May 1996

**RESEARCH INTERESTS**

Aging, Mental Health, and Depression recognition and intervention in later life.

**TEACHING INTERESTS**

Aging policy and practice; Mental health policy and practice.

**PUBLICATIONS**

Gustavson, K. (under review). Experience trumps knowledge in elders' explanations of late life depressed mood. *Research on Aging*.

Gustavson, K & Napoles, A. (under review). "It's important for you to know why I feel sad": Depressed mood in older adults. *The Journal of General Internal Medicine*.

Gustavson, K. & Dal Santo, T. (2009) Caregiver service use: A Complex story of care at the end of life. *The Journal of Social Work in End-of-Life & Palliative Care*, 4(4), 286-311.

Scharlach, A., Gustavson, K., & Dal Santo, T. (2007). Assistance received by employed caregivers and their care recipients: Who helps care recipients when caregivers work full-time? *The Gerontologist*, 47(6), 752-762.

### **PUBLICATIONS continued**

Gustavson, K., & Lee, C.L. (2004). Alone and content: Frail seniors living in their own home compared to those who live with others. *Journal of Women in Aging, 16*(3/4), 3-18.

Gustavson, K. (2009). [Review of the book: *Low Income, Social Growth and Good Health: A History of Twelve Countries*, James C. Riley, Berkeley, CA: University of California Press, 2007.]. *Journal of Sociology and Social Welfare, 36*(2).

### **GRANTS, HONORS and AWARDS**

Awardee, Summer Training on Aging Research Topics – Mental Health (START-MH), Summer 2008.

Hartford Doctoral Fellow, John A. Hartford Geriatric Social Work Initiative, April, 2008.

Award Recipient, Fahs-Beck Fund for Research and Experimentation, January 2008.

Award Recipient, PEO Projects Grant, Chapter RA, California, December, 2007.

Doctoral Fellow, Grantmakers in Aging, October 2007.

Hartford Pre-Dissertation Awardee, Hartford Geriatric Social Work Initiative, August 2005 – May 2006.

Harvey Fellow, Mustard Seed Foundation, 2004-2007.

First Place, California State University, Long Beach, Student Research Award Competition, for outstanding research in the Clinical Sciences, March 2001.

Hartford Geriatric Leadership MSW Intern, September 2000 – May 2001.

### **RESEARCH AND EVALUATION EXPERIENCE**

Postdoctoral Fellow – Clinical Services Research Training Program, Department of Psychiatry, University of California, San Francisco  
June 2010 - present

Dissertation Research (supported with funding from the John A. Hartford Foundation)  
April 2007 – May 2010: Late Life Depressed Mood: Crafting Meaning from Knowledge and Experience.

Graduate Student Researcher III – Center for the Advanced Study of Aging Services, University of California, Berkeley.

January 2008 – May 2008: Creating Aging-Friendly Communities

August 2003 – May 2007: National Family Caregiver Support Project

Master's Thesis Research

August 2000 – May 2001: "A Comparison of Frail Elderly People Who Live Alone to Those Who Live with Others," Department of Social Work, California State University, Long Beach.

## **TEACHING EXPERIENCE**

Lecturer, School of Social Welfare, University of California, Berkeley

Spring 2011: Aging Processes (MSW course)

Fall 2010: Social Welfare Policy (BSW Course)

Graduate Student Instructor, School of Social Welfare, University of California, Berkeley

Spring 2010, Fall 2009, Fall 2007: Introduction to Social Work as a Profession (BSW course)

Fall 2008, Spring 2009: Social Welfare Research (MSW course)

Instructor, Department of Sociology and Social Services, California State University, East Bay (formerly Hayward)

Winter 2005: Introduction to Social Welfare and Social Services (undergrad course)

Spring 2006: Human Behavior and the Social Environment (undergrad course)

## **SOCIAL WORK PRACTICE EXPERIENCE**

### **Post-MSW Experience**

Postdoctoral Clinician – Clinical Social Worker

June 2010 – June 2012: UC San Francisco, Department of Psychiatry, Therapist for the Over 60 Lab. Certified Problem Solving Therapy (PST) expert. PST Trainer (in training).

Clinical Social Worker

January 2004 – 2010: Christian Lay Counseling Services, First Presbyterian Church of Berkeley, Berkeley, CA (unpaid position)

Clinical Social Worker

August 2001 – July 2003: Older Adult Services, Dept. of Mental Health, County of Orange, Health Care Agency; Santa Ana, CA

### **Post-Bachelor's Experience**

Hartford Geriatric Leadership MSW Intern

September 2000 – May 2001: Huntington Senior Care Network/Pacific Clinics, Older Adult Program; Pasadena, CA

MSW Intern

September 1999- May 2000: Alzheimer's Association; Orange, CA

Personal Care Planner

December 1998 – August 1999: SCAN (Senior Care Action Network), Department of Social Services; Long Beach, CA

## **PAPER & POSTER PRESENTATIONS**

K. Gustavson. Late Life Depressed Mood: Crafting Meaning from Experience and Knowledge. Poster presentation at the American Association of Geriatric Psychiatry Annual Scientific Meeting, Houston, TX, March, 2010.

K. Gustavson. Experiencing Depressed Mood in Later Life: Lessons in Triumph and Resilience. Poster presentation at the Gerontological Society of America 61<sup>st</sup> Annual Scientific Meeting, National Harbor, MD, November, 2008.

**PAPER & POSTER PRESENTATIONS continued**

K. Gustavson, T. Dal Santo, A. Scharlach. *Caregiving at the End of Life: Characteristics, Service Use, and Implications*. Paper presentation at the Gerontological Society of America 59<sup>th</sup> Annual Scientific Meeting, Dallas, TX, November 2006.

K. Gustavson, A. Scharlach. *Impact of Employment on Caregiver and Care Recipient Service Use*, Paper presentation at the Gerontological Society of America, 58<sup>th</sup> Annual Scientific Meeting, Orlando, FL, November 2005.

K. Gustavson, A. Scharlach. *Caregiving from Coast to Coast: Findings and Implications of Two Statewide Surveys of Culturally Diverse Informal Caregivers*. Symposium at the Gerontological Society of America, 57<sup>th</sup> Annual Scientific Meeting, Washington, D.C., November 2004.

N. Giunta & K. Gustavson. *Family Caregiving in California: Experiences across diverse racial/ethnic groups*. Presented at the 4<sup>th</sup> Annual Carework Conference, San Francisco, CA, August 2004.

K. Gustavson, M. Leung, & J. Cohn. *Frail Older People Living Alone: How Do They Fare?* Presented at the Gerontological Society of America, 54<sup>th</sup> Annual Scientific Meeting, Chicago, Illinois, November 2001.

K. Gustavson & C. Lee. *A Comparison of Frail Elderly People Who Live Alone to Those Who Live with a Relative or Other Caregiver: A Description of Research and Policy Implications*. Presented at the Policy Conference 2001, Charleston, South Carolina, June 2001.

K. Gustavson. *A Comparison of Frail Elderly People Who Live Alone to Those Who Live with Others*. Presented at the 15<sup>th</sup> Annual California State University System Student Research Competition, San Jose, CA, April 2001.

K. Gustavson. *A Comparison of Frail Elderly People Who Live Alone to Those Who Live with Others*. Presented at the California State University, Long Beach Annual Student Research Competition, Long Beach, CA, March 2001.

**COMMUNITY SERVICE**

Social Welfare Doctoral Student Representative, August 2005 – May 2006.

Lecturer, Winter 2007: "When and Whom to Call for Help: An Introduction to the Helping Professions," public service education course, First Presbyterian Church of Berkley.

Guest Speaker, March 2002: Rotary Club of Orange, "Mental Health Issues of Older Adults". Orange, CA.

Instructor, February 2002: "Parish Ministry with Older Adults", Parish Ministry Training Program, Trinity United Presbyterian Church. Santa Ana, CA.

Guest Speaker, January 2002: "Pastoral Care and Older Adults", Lay Leadership Training, Geneva Presbyterian Church. Laguna Hills, CA.

Alzheimer's Association of Orange County Multi-Cultural Committee Member, 2001- 2003; Orange, CA.

**COMMUNITY SERVICE continued**

Senior Adult Ministries Task Force Member, 1999-2003; Trinity United Presbyterian Church, Santa Ana, CA.

Summer 1998: Students International, child services worker/orphanage volunteer; Antigua, Guatemala.

**PROFESSIONAL AFFILIATIONS/LICENSURE**

Licensed Clinical Social Worker (CA Lic. #25512), Board of Behavioral Sciences, 2009 - Present

Student Member, Gerontological Society of America, 2003 – Present

Student Member, Association for Gerontology Education in Social Work, 2004 – Present

Member, Society for Social Work Research, 2008 - Present

Member, National Association of Social Workers, Geriatric Social Work Emphasis, 2000-Present

**REFERENCES**

Patricia A. Arean, PhD, Professor, School of Medicine  
UC San Francisco, Department of Psychiatry  
Langley Porter Psychiatric Institute  
401 Parnassus Avenue  
San Francisco, CA 94143  
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UC Berkeley, School of Social Welfare  
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