

TAMARA J. CADET

6 Rose Glen Drive, Andover, MA 01810

(978) 749-9054

RESEARCH AND TEACHING OBJECTIVES

- To gain and advance knowledge of behavioral factors, specifically psychosocial and cultural factors, in the areas of oncology and older adult populations.
- To promote evidence-based health promotion interventions that may contribute to reducing cancer and other health disparities.
- To teach in a university environment that will support the utilization of my research and clinical skills to prepare social workers for effective evidence-based practice.

EDUCATION

Simmons College, Boston, MA

School of Social Work

Ph.D., May 2012

Dissertation Topic: *Exploring Psychosocial Factors and Cancer Screening: A Comparison of Older Hispanic and White Women*

Boston University, Boston, MA

School of Social Work

M.S.W., September 1997

Concentration: Macro Social Work Practice & Human Services Management

School of Public Health

M.P.H., June, 1989

Concentration: Maternal and Child Health & Social & Behavioral Sciences

Tufts University, Medford, MA

Major: Child Study & Community Health

B.A., May, 1988

PROFESSIONAL CERTIFICATIONS

School Social Work/School Adjustment Counselor Certification, 2007

Licensed Independent Clinical Social Worker (LICSW) 2006

Licensed Certified Social Worker, (LCSW) 1999

HONORS AND AWARDS:

EXCEL in Social Work (Excellence in Cancer Education & Leadership), 2011

Hartford Geriatric Social Work Doctoral Fellowship, 2010

Hartford Pre-Dissertation Award in Geriatric Social Work, 2008

Leadership Award, Simmons School of Social Work, 2007 - 2009

Albert Schweitzer Urban Fellow, The Urban Fellows Program, 1994

Public Health Traineeship, Boston University School of Public Health, 1989

RESEARCH EXPERIENCE

Harvard Medical School

Children's Hospital

Boston, MA

Research Assistant

DentaQuest Foundation National Oral Health Integration Grant

2010 – present

Responsibilities include: IRB application, primary data collection of clinical and administrative staff through structured interviews, data entry and data analysis to develop a training program to

strengthen the education and disease management of the parents of children at high risk for dental caries; Peter Maramaldi (Co-Investigator)

Simmons College School of Social Work
Boston, MA

Teaching/Research Assistant
Hartford Partnership Program for Aging Education
2010 - present

Responsibilities include: implementation and coordination; primary data collection on process and outcomes for program and students.

Research Assistant
2007 – present

Responsibilities include: literature reviews and data analysis focused on colorectal cancer screening and older Hispanic and Caucasian elders; Latina patients' contributions to diagnostic delays for breast cancer in the context of their social and cultural milieu; and African American men and colorectal cancer screening: Structural relationships between beliefs and participation in screening; Peter Maramaldi (Co-Investigator)

Simmons College School of Nursing
Boston, MA

Research Assistant
2007

Responsibilities include: primary data collection through focus groups to elicit the experiences of Black and White Nursing Students; Judy Beal (Principal Investigator)

New York University
New York, NY

Research Assistant
2007- 2009

Responsibilities include: literature review and data entry support for Teaming Approaches to Child Welfare Casework; Erica Foldy and Tien Ung (Principal Investigators)

PEER REVIEWED PUBLICATIONS

Maramaldi, P. & **Cadet, T.** (In Press). Cancer and aging: International Perspectives. *Indian Journal of Gerontology*.

Maramaldi, P., Sobran, A., Scheck, L., Cusato, N., Lee, I., **Cadet, T.** & Daniels, A. (In Revision). Interdisciplinary medical social work: A working taxonomy. To: *Social Work in Health Care*.

Cadet, T., Maramaldi, P., Menon, U., Kinney, A., & Burt, R. (Under Review). The role of motivation and culture in cancer screening: Motivational interviewing as an effective intervention. To: *Journal of Gerontological Social Work – Practice Forum*.

PUBLICATIONS

Cavanaugh, D., **Cadet, T.**, Carreras, S., Lusenhop, R. W., Vaulton, W. (2000). A Resource Guide to Federal Policies Affecting Adolescent Substance Abuse Treatment.

Cadet, T. (2000). Resources for Community Efforts to Reduce Substance Abuse among Children and Families. Common Ground, the newspaper of the New England Association of Child Welfare Commissioners and Directors

Cadet, T. (1996). Community exchange: An Imperative in Substance Abuse Policy. In Jacob Gordon (Ed.). *A Systems Change Perspective in Substance Abuse Prevention*. New York: Mellen Press.

Barry, D., **Cadet, T.**, Donnay, G., Downing, B., Evans, M., Falk, L., Howland, J., Scotch, N., Zakocs, R. (1994). Community action guide to policies for prevention: The recommendations of the Join Together policy panel on preventing substance abuse. Boston University School of Public Health: Boston, MA.

Barry, D., **Cadet, T.**, Downing, B., Evans, M., Falk, L., Hingson, R., Leis, R., Pollis, A. (1993). Community action guide to save lives: Companion guide to the Join Together recommendations on underage access to alcohol. Boston University School of Public Health: Boston, MA.

WORKS IN PROGRESS

Maramaldi, P., **Cadet, T.**, Menon, U., Kinney, A., & Burt, R. (Expected Submission Summer 2011). Cancer screening barriers for community-based Hispanic and Caucasian elders. *To: Journal of Gerontological Social Work.*

Ng, M., **Cadet, T.**, Maramaldi, P. (Expected Submission Fall 2011). Health promotion with vulnerable populations: Testing a pilot intervention to improve pediatric oral health. *To: Journal of Public Health Dentistry.*

Cadet, T., Maramaldi, P., Cancer screening disparities: Latina patients' culturally determined contributions to diagnostic delays in breast cancer screening.

PEER REVIEWED PRESENTATIONS

Putney, J., **Cadet, T.**, & Downs, M. (2011, October). Creating "we" in PhD: Fostering community in social work doctoral education. Presented at the Annual Meeting of the Council on Social Work Education, Atlanta, GA.

Cadet, T., Maramaldi, P., Sobran, A., Scheck, L. F., Cusato, N. C., Lee, I., et al. (2011, January). An empirically determined taxonomy of Interdisciplinary social work. Presented at the Annual Meeting of the Society of Social Work Research, Tampa, FL.

Cadet, T. & Maramaldi, P. (2010 November). Cancer screening disparities: Latina patients' culturally determined contributions to diagnostic delays in breast cancer screening. Presented at the Annual Meeting of the American Public Health Association, Denver, CO.

Cadet, T., Maramaldi, P., & Menon, U. (2009 November). Patient-provider communication: Hispanic elders and colorectal cancer screening. Presented at the Annual Meeting of the Gerontological Society of America, Atlanta, GA.

Cadet, T., Maramaldi, P., & Menon, U. (2007 October). Cancer screening barriers for community based Hispanic and Caucasian elders. Presented at the Annual Meeting of the Council on Social Work Education, San Francisco, CA.

SELECTED PRESENTATIONS:

Cadet, T. & Maramaldi, P. (2011 March). Health screening disparities: Cross-cultural considerations. Presented at the Simmons School of Social Work Alumni Day, Boston, MA.

Cadet, T. (2001 February). Advocacy in Cyberspace: Emerging Strategies for Social Action in the Information Age. Presented at Salem State College School of Social Work.

Cadet, T. (1996 December). What do you need to get managed care as an ally? Presented at Prevention providers in partnership with managed healthcare, Cleveland, OH.

- Cadet, T. (1994 October). Health Care Reform: With or Without Resolution. Presented at the Community Anti-Drug Coalitions of America, National Leadership Forum V, Washington, DC.
- Cadet, T. (1992, October). Uncertainty and HIV disease in families: Topics in pediatrics. Presented at the Berkshire Area Health Education Center, Pittsfield, MA.
- Cadet, T. (1992, May). Effective strategies for working with drug-exposed and HIV-infected children and their families. Presented at the State Staff Training, Seattle, WA.

ADDITIONAL TRAINING:

- 2010 Summer Gerontology Workshop: Public Policy Issues in Aging. Syracuse University, Syracuse, New York
- 2009 62nd Annual Summer Institute in Survey Research Techniques: Examining the Health and Retirement (HRS) Workshop. University of Michigan, Ann Arbor, MI.
- 2007 Program & Policy Evaluation. Boston University School of Public Health, Boston, MA.
- 2006 School Mental Health: Treating Children, K- 12. Harvard Medical School, Boston, MA.
- 2003 National Infant Adoption Training Initiative: Master Trainer Certification. Children’s Bureau, Washington, DC.
- 2001 Summer Intensives on Adoption and Complex Families. Center for Family Connections, Cambridge, MA.
- 1992 Working with African Americans Training of Trainers: Certified Africentric Trainer, Massachusetts Department of Substance Abuse Services, Boston, MA.
- 1992 Advanced Techniques for Substance Abuse Treatment Professionals. Massachusetts Department of Substance Abuse Services, Boston, MA.

PROFESSIONAL EXPERIENCE:

- 2009 - 2010 Senior Student Representative, Behavioral and Social Sciences Section, Emerging Scholars and Professional Organization, Gerontological Society of America.
- 2008 - 2009 Junior Student Representative, Behavioral and Social Sciences Section, Emerging Scholars and Professional Organization, Gerontological Society of America.
- 2009 - 2010 Conference Abstract Reviewer, Council on Social Work Education.
- 2009 - present Conference Abstract Reviewer, Gerontological Society of America.
- 2004 Field Reviewer, Substance Abuse Treatment for Persons with Co-Occurring Disorders. Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Treatment, Rockville, MD
- 2009 – present Grant Reviewer, Office of Community Services, Social Services and Income Maintenance Benefits Enrollment Coordination, Washington, DC.
- 2001 - 2003 Career Advisor, New Leaders Academy, Washington, DC.
- 2000 – 2005 Grant Reviewer, Substance Abuse. The Rapides Foundation, Alexandria, VA.
- 2000 – present Grant Reviewer, US Department of Education, Office of Safe and Drug Free Schools, Washington, DC.

PRACTICE EXPERIENCE:

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| Cancer Resource Volunteer American Cancer Society, Merrimack Valley, MA | 2010 - present |
| Licensing Preparation Trainer National Association of Social Workers, Boston, MA | 2008 – 2010 |
| Social Worker Esperanza Academy, Lawrence, MA | 2006 – 2007 |
| Child Therapist Behavioral Solutions, Burlington, MA | 2006 – 2009 |
| Social Work Licensing Examination Writer Association of Social Work Boards, Culpeper, VA | 2004 – 2005 |
| Clinical Director, Co-Founder & Clinical Consultant Bright Futures Adoption Center, Acton, MA | 1999 – 2007 |
| Web Content Manager – Technical Assistance Columbia University School of Public Health, New York, NY Free to Grow: A National Initiative of Head Start Partnerships to Promote Substance-Free Communities | 2000 - 2005 |
| Technical Assistance Manager Boston University School of Public Health, Boston, MA Join Together: A National Resource for Communities Fighting Substance Abuse | 1992 - 2000 |
| Substance Abuse Specialist/Trainer Foundation for Children With AIDS, Roxbury, MA | 1992 |
| Staff Development/Training Specialist Target Cities National Initiative, Dorchester, MA | 1991 - 1992 |
| Substance Abuse Clinician Peaceful Movement Committee, Inc., Dorchester, MA | 1990 – 1991 |
| Public Health Education Coordinator & Research Assistant Department of Public Health, Jamaica Plain, MA | 1989 - 1990 |

PROFESSIONAL AND CIVIC INVOLVEMENT:

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| Technology Chair, Links, Inc., Middlesex County Chapter, MA | 2009 - present |
| Deacon, Social Work Liaison and Director of Youth Ministries Andover Baptist Church, Andover, MA | 2005 - present |
| Program Director and Group Advisor Jack and Jill of America, Inc., Boston Chapter | 2001 - present |
| Grant Reviewer, Andover Fund for Education, Andover, MA | 2004 - 2006 |
| Volunteer Coordinator, Junior Achievement, Boston, MA | 2003 - present |
| Massachusetts Board of Registration of Social Workers, Boston, MA | 2003 – 2007 |
| Career Advisor, National Youth Employment Coalition, Washington, DC | 2001 - 2003 |
| Allocations Committee Volunteer United Way of Massachusetts Bay, Boston, MA | 1997 - 2000 |
| National Council of Negro Women | 1994 – 2007 |

MEMBERSHIPS:

Gerontological Society of America
The Association of Gerontology Education in Social Work
American Public Health Association
Society for Social Work Research
Council of Social Work Education
National Association of Social Workers